## **Explore Your Heritage: Conduct an Oral History Interview!**

## What is oral history?

An oral history is the personal stories or memories of individuals, recorded through person-to-person interviews.

Many of the stories in Foxfire came from students just talking with family members! Your parents and grandparents might not have grown up in a log cabin, but they still have stories to share. Ask a relative the questions listed below and record their answers. Was there anything that surprised you? Draw a picture depicting a scene from one of their stories and share it with them!

- Where did you grow up?
- How big was your family?
- What was your favorite food as a kid? Did you make or grow any of

your food?

- What was the earliest toy you remember playing with?
- Did you have a favorite story or book as a kid?
- What was your least favorite chore?
- What was school like?
- Did you have any special holiday traditions or a favorite celebration?
- Do you own something that belonged to your grandparents or parents?