

Foxfire

Museum & Heritage Center

How to Make Upcycled Yarn

Activity Overview:

While yarn is traditionally made from natural fibers like wool or cotton, there are many creative ways we can create yarn from leftover materials! This activity will show you how to make yarn out of plastic grocery bags!

What you'll need:

- Plastic grocery bags (as many as you can find)
- Scissors

Step One:

Gather your supplies. Make sure to have an adult help you with the scissors as you begin to cut the bags.



Step Two:

Take one plastic bag and lay flat. Cut off the handles, so that you have a straight even edge.



Step Three:

Starting at one side seam, begin to cut a 1" wide strip across the width of the bag.



Step Four:

Continue to cut, spiraling as you go, so that you are cutting one long continuous strand. It is okay if the thickness varies, or if you accidentally cut it too soon. You'll just have some shorter strips to work with.



Step Five:

Once you reach the end of your bag, wind your “yarn” into a ball. Move on to the next bag and repeat until you have enough to create a project! You can then knit, crochet, weave, or braid the strips to create fun, usable projects!

